Gobbledegook!

This is a slightly amended e-mail that I have recently seen sent from someone in London to a Chilean colleague. I've changed it only to protect the anonymity of the sender and the recipient. Look at the phrasal verbs highlighted in yellow. What do you think the person is trying to say?

| from: to: date: Aug 20, 2020, 10:10 AM subject: |
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| I hope you are well. |
| I wanted to reach out to you quickly regarding the |
| I believe that the ideas around the was submitted by Rosy in your name as it is work that has already been kicked off. |
| It would be good to understand where you got to with the as it may be that it fits in nicely with the work that we are completing as part of the within the implementation project. |
| Are you able to send across a quick summary and /or discuss on a quick call? |
| Best |
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