Reference list of typical verbs followed by a gerund. Verbs with an * can also be followed by infinitives:

admit advise* allow* anticipate appreciate avoid begin* can't bear* can't bear* can't stand*	consider continue* delay deny discuss dislike enjoy fancy finish forget*	hate help* imagine involve keep like* love* mention mind miss permit	postpone practice prefer* quit recall recollect recommend regret* reject remember*	resist risk start* stop* suggest tolerate try* understand waste time/money
complete	go	permit	resent	

Reference list of typical verbs followed immediately by an infinitive:

afford agree aim appear arrange ask attempt be able beg	choose claim condescend consent dare decide demand deserve endeavour	fail happen help hesitate hope intend learn manage mean paod	offer plan prepare pretend proceed promise refuse seem struggle	threaten volunteer wait want wish would hate would like would love
care	expect	need	swear	

Reference list of typical verbs followed by a (pro)noun + an infinitive:

allow	convince	force	order	teach
ask	dare	hire	permit	tell
beg	encourage	instruct	persuade	urge
cause	expect	invite	remind	want
challenge	forbid	need	require	warn

Some common adjectives followed by infinitives:

glad to	disappointed to	hesitant to
happy to	proud to	reluctant to
pleased to	ashamed to	afraid to
delighted to	ready to	likely to
content to	prepared to	certain to
relieved to	anxious to	surprised to
lucky to	eager to	amazed to
fortunate to	willing to	astonished to
sorry to	motivated to	shocked to
sad to	determined to	
upset to	careful to	

Reference list of adjective + preposition combinations followed by gerunds:

accustomed to addicted to afraid of anxious about bored of capable of committed to concerned about content with dedicated to devoted to disappointed with discouraged by excited about famous for fond of frightened of guilty of happy about interested in involved in known for opposed to proud of remembered for responsible for scared of terrified of think about tired from tired of worried about