

Four tips for success for women in business with Justine Roberts – BBC Ideas

<https://www.youtube.com/watch?v=AGGgTJkS0f4>

A. Pre-listening:

1. Have you heard of a website called Mumsnet? What do you think it is about?
2. Before you watch the video, write here what the four top tips you think there might be for getting what you want out of your career/business:
 - 1.
 - 2.
 - 3.
 - 4.

B. Now watch the video and answer these questions:

1. How easy was it to understand Justine?
2. What did you think of the video?
3. What were the 4 habits she thinks highly successful people have?
4. How do her 4 tips compare to your 4 tips? How many did you have in common?
5. Do you agree with her tips? Why or why not?
6. How does she recommend that you get through hard times?
7. What does the phrasal verb “take off” mean? How else can you use “take off”?
8. She says that she “turned down” an investment opportunity, why did she do this?
9. What does an “unmitigated disaster” mean? What was she referring to in the video?
10. What does a “lightbulb” moment mean?
11. Why does she think women in particular should wear trainers?
12. What does it mean to “fit in”?
13. What does she think business women should not feel? Do you agree or disagree?
14. What does she say “guilt” is? Do you agree or disagree?
15. What does she like about her job?
16. She used the expression to “grapple with stuff”. What does this mean?
17. Final thoughts.