

Exercise No. 2 - Emotions Phrasal Verbs

a. We've already looked at these commonly used phrasal verbs that are used when we are talking about emotions. Now let's see if you can remember what they all mean:

1. To express surprise		a. freak out
2. To not be so serious.		b. choke up
3. To express happiness in your face.		c. to be taken aback
4. To stop being sad.		d. simmer down
5. To relax after feeling stressed.		e. to lighten up
6. To not express any emotion on the outside.		f. lash out at
7. To panic.		g. light up
8. To get so excited you can't control yourself.		h. crack up
9. To suddenly start laughing or crying.		i. chill out
10. To nearly cry and unable to talk.		j. cheer up
11. To laugh out loud.		k. carried away
12. To be super happy that you can't stop smiling and being excited.		l. calm down
13. To be a mixture of sad, depressed, bored, angry.		m. to be fed up
14. To start crying.		n. burst out
15. To relax.		o. burst into
16. To express anger at someone.		p. bubble over
17. To return to normal after being angry.		q. bottle up

b. If there were any you weren't sure of or got wrong then now use them again in your own sentences to make sure you can remember what they mean: