PRESENT CONTINUOUS / PROGRESSIVE

Subject +	to be +	Verb (ing)
I	am	playing
You, we, they	are	playing
He, she, it	is	playing

SUBJECT + TO BE + VERB (ING) + (object, place, time)

I + **am** + **playing** + football.
You, we, they + **are** + **playing** + football.
He, she, it + **is** + **playing** + football.

Uses:
- ✓ action taking place at this moment or during this period of time.
- ✓ action / event in the future, which has already been planned or prepared.
- ✓ a temporary event or situation.
- ✓ to describe and emphasise a continuing series of repeated actions.

Negative: SUBJECT + TO BE + NOT + VERB (ING) + (object, place, time)

I + **am not** + **playing** + football.
You, we, they + **aren't** + **playing** + football.
He, she, it + **isn't** + **playing** + football.

Interrogative:

a. Yes / No Short questions: AM/ARE/IS + SUBJECT + VERB (ING) + (object / place / time) ?
IS + he, she, it + PLAYING + football? Yes, he is. / No, he isn't. Use the **present simple** here when you answer, not the continuous form!

b. W/H. questions: W/H QUESTION WORD + AM/ARE/IS + SUBJECT + VERB (ING) + (object / place / time)?
WHAT + **ARE** + you + **DOING** + at the moment? I am playing football.

These verbs aren't used in this form because they refer to states, rather than actions or processes:

believe belong contain forget hate like love matter need own prefer realise remember suppose understand want know depend mean hear