Verb (ing) Subject + to be + Uses: I, he, she, it playing \checkmark used to say that something was going was on around a particular past time. You. we. playing were Future Present Past \checkmark often used with the simple past. The thev Past Continuous is for longer, background actions or situations: SUBJECT + TO BE + VERB (ING) + simple past is a shorter action that (object. place, time) interrupted it or happened in the I, he, she, it + was + playing + football middle of it. vesterday. ✓ used mostly for temporary actions or You, we, they + were + playing + situations. football on Saturday. + TO BE + NOT + VERB (ING) + (object, place, time) **Negative**: SUBIECT I, he, she, it + **wasn't** + **playing** + football. You, we, they + **weren't** + **playing** + football. Interrogative: a. Yes / No Short questions: WAS/WERE + SUBJECT + VERB (ING) + (object / place / time)? **WAS** + I, he, she, it + PLAYING + football yesterday? Yes, he was. / No, he wasn't. = note here we use the past simple to answer the question. b. W/h. questions: W/H QUESTION WORD + WAS/WERE + SUBJECT + VERB (ING) + (object / place / time)? WHAT + WERE + you + DOING + yesterday at 6? I was playing football in the park at 6. These verbs aren't used in this form because they refer to states, rather than actions or processes: hate like need prefer realise remember believe belong contain forget love matter own suppose depend mean understand know want

PAST CONTINUOUS / PROGRESSIVE